Emotion Words



Afraid Aggressive Alarmed Ambivalent Angry Anticipation Anxious Awe Bad Boiling Bold Brave Calm Carefree Careful Cautious Chicken Clumsy Cold Comfortable Confused Contemplative Contempt Content Cowardly Crazy Curious Dejected Depressed Disappointment Down Dread Eager Ecstatic Edgy Embarrassed Empathetic Empty Energetic Enthusiastic Excited

Exhausted Fabulous Fine Flattered Flooded Foolish Free Frightened Frustrated **Furious** Glad Good Grateful Great Hateful Happy Helpful Helpless Hopeless Horrified Hot Hurt Hysterical Important Impressed Indifferent Insecure Invisible Itchy Joy Kind Lazy Like an idiot Like I'm drowning Lonely Love/loving Mad Mean Miserable

Nauseous

Needed Nice Nuts **Optimistic** Out of control Overjoved Overwhelmed Poor Positive Powerful **Powerless** Protective Proud Puzzled Rage Regret Remorse Resentful Rich Sad Safe Satisfied Scared Sexv Shocked Shy Sick Sillv Skittish Sleepy Sly Smart Sorry Strange Strong Stupid Surprised Submissive Sympathetic Tentative Terrible

Thankful Tickled Tired Trust Uncomfortable Unhappy Unimportant Uninspired Unlucky Unsettled Unsure Upbeat Upset Void of emotion Vulnerable Warm Warv Weak Wealthy Weird Well Willful Worried Worthless **YOU Words Examples** Appreciated

Examples Appreciated Beaten Betrayed Disappointed Disgusted Dismissed Heard Insulted Loved Manipulated Seen Trusted Unloved Validated