

## Education

AB Cum Laude, Harvard College, 1981

Phillips Exeter Academy, 1977

## Work Experience

- Melissa Orlov LLC. Marriage consultant, specializing in couples impacted by ADHD 2007 - present
- Strategic Marketing Partners. President 1995 - 2007
- Cramer-Krasselt Advertising. Vice President and Account Supervisor 1989 - 1995
- Tatham-Euro RSCG Advertising, Account Executive and Assistant Account Executive 1984 - 1989

## Publications

- *The Couple's Guide to Thriving with ADHD*, with co-author Nancie Kohlenberger, LMFT 2014
- *The Distracted Couple*, contributing author with Larry Maucieri, PhD., and Jon Carlson, PsyD, EdD, Crown House 2013
- *The ADHD Effect on Marriage*, Specialty Press 2010
- *Married to Distraction*, contributing author with Dr. Edward Hallowell and Sue George Hallowell, LICSW, Ballantine 2010
- [www.adhdmarriage.com](http://www.adhdmarriage.com) co-founder and lead blogger 2007 - present
- *May I Have Your Attention?* Blog at PsychologyToday.com 2010 - present
- *Your Relationships*. Columnist for ADDitude Magazine 2008 - 2014

## Select Teaching Experience

- Amsterdam Institute for Couple and Family Therapy. *Therapeutic Interventions for Couples Impacted by ADHD* 2015
- CHADD Annual International Conference on ADHD *Therapeutic Responses to Relationship Hotspots CE/CME* 2014

- *The ADHD Effect on Couples*, lead presenter. Therapist training with Dr. Edward Hallowell, Dr. Kevin Murphy, Sue George Hallowell, LICSW. APA Accredited. 2011-2012
- *The ADHD Effect In-Depth*, solo presenter. Couples seminar for improving relationships. Eight-session phone seminar. 2010 - present
- *ADHD and Your Marriage*, solo presenter. 3-session seminar. 2010 - 2011
- *Helping Adult ADHD Clients Respond to Marriage Pressures*, solo presenter. In-clinic professional training seminar. 2011 - present

### Select Presentations

- CHADD International Conference on ADHD. *Bridging the Communication Gap Between ADHD & Non-ADHD Partners* 2016
- CHADD international Conference on ADHD *Therapeutic Strategies for Improving Intimacy of All Types in ADHD-Impacted Relationships* 2016
- Conference of the Dutch Association of Marital and Family Therapy. *Effectively Counseling Couples Impacted by Adult ADHD* 2015
- CHADD Annual International Conference on ADHD. *Relationship Trouble? Multi-Modal Treatment for Your ADHD-Impacted Relationship* 2014
- Virtual AD/HD Conference Master Classes. *Effective Communication for Couples Impacted by ADHD* 2013
- GoodTherapy.org Professional Education Series. *Tools to Help couples Impacted by ADHD Thrive* 2013
- CADDAC Annual Conference. *Relationship Trouble?* 2012
- ADDA Webinar Series. *Rebuilding Intimacy in ADHD Relationships* 2012
- Institute for Challenging Disorganization. *Strategies for Overcoming ADHD Organizational Challenges* 2011

### **Expert Interviews on ADHD and Marriage**

- Selected expert interviews: American Psychological Association *Monitor*; NY Times; CNN; Today; US News and World Report; CBS online; AOL; NHPR; About.com 2010 - Present

### **Awards**

- IndiFab Gold Medal, Psychology Book of the Year, 2014 for *The Couple's Guide to Thriving with ADHD*. Foreword Reviews
- Benjamin Franklin Silver Medal, Psychology, 2014 for *The Couple's Guide to Thriving with ADHD*. IBPA
- Finalist, Best Mental Health Book 2014 for *The Couple's Guide to Thriving with ADHD*. USA Book News
- Best Psychology Book of 2010 for *The ADHD Effect on Marriage*. ForeWord Reviews